

IRONIC LUNCH MENU

Thick cut fries, ironic seasoning, garlic aioli (gf) 12

Potato skins, texan pulled pork, black garlic aioli, pecorino romano cheese (gf) 23.5

Pumpkin soup, toasted ciabatta (gfo,dfo,veg,vo) 19.5

Crispy florets of cauliflower, chipotle aioli, micro salad (gf,df,veg,vo) 21.5

Kumara croquettes, feta drizzle, red pepper coulis, micro salad (gf,veg vo) 24.5

Ironics award winning seafood chowder full of smoked fish, fresh fish, prawns, vegetables with toasted ciabatta 30

Al whoppo's chilli beef flamed nachos (mild), chilli beans, fresh tomato salsa, grilled cheese, sour cream (gf,dfo) 28.5

Avocado chicken stack- fresh avocado, moist chicken breast, coconut rice, nam jim sauce, micro tomato & cucumber salad (gf,df) 34.5

Sole Paupiettes - panko crumbed lemon sole fillets filled with cream cheese, sundried tomato, capers & spinach, tzatziki sauce, lemon vinaigrette, coconut rice, micro salad 36.5

karage chicken taco's or pulled pork taco's served with a vibrant fresh tomato salsa, slaw, chipotle aioli fries 26.5

Chicken, brie & cranberry filo or pumpkin, spinach & cream cheese filo served with micro salad (vego) 26.5

Open steak sandwich, grilled onion, bourbon jam, philly cheese sauce, toasted ciabatta fries (gfo) 30.5

Locally caught blue cod in speights beer batter, fries, micro salad, ironics tartare (gfo)
small 33 regular 37.5

Beef or chicken burger, philly cheese, tomato relish, aioli, beetroot, pickle, tomato, slaw (gfo,dfo) 28.5

Ironics summer bowl – a delicious mix of roasted vegetables, asparagus, spinach, quinoa, feta, edamame hummus, green goddess dressing, furikake sprinkle (veg,v,df,gf) 27.5 add karage chicken 32.5